

## Information for Parents:

All young people at Saracens High School will receive information about careers during their time at the school. We will provide opportunities for them to develop life skills and core competencies that employers value by enabling them to take part in employment and enterprise events and activities.

How parents can support young people with careers and employability:

- Talk to your child regularly about their ideas for the future and ask them what they see themselves doing
- Talk to them about what you do as a job – and other job roles you have had
- Ask your employer if they would allow you to bring your child to work one day (during school holidays)
- In Years 12 look through the Saracens High School's post-16 prospectus and come to post-16 open evenings and information evenings
- Help them to explore local and national employment trends
- Keep an eye out for things like University Open Days and careers fairs held locally
- Encourage them to participate in out of school activities; these are valuable in themselves and will help greatly later on in giving a good impression to people like employers or course tutors
- In year 8, talk to your child about their options and what these choices may lead to. If you need help with supporting your child to make Year 8 options choices, use this link: <http://parentzone.careerpilot.org.uk/parent/info/how-can-i-help-my-child-make-the/?topic=5972>
- In year 11, prepare with your child for their meeting with the careers adviser
- Check out the school newsletter for details of activities we are running in school

For further information, please contact [y.bonilla@saracenshigh.org](mailto:y.bonilla@saracenshigh.org)